



**SLOVENSKÁ SPOLOČNOSŤ PRIATEĽOV AIKIDÓ**

(Slovak Aikido Friends Society)

www.sspa.sk

&



**HONKADORI AIKIDO DOJO**

www.aikido-honkadori.sk



Invite you to aikido seminar with

**SEISHIRO ENDO**

shihan Hombu dojo, 8<sup>th</sup> dan Aikikai

**Date:** 7<sup>th</sup> - 10<sup>th</sup> July 2016

**Place:** Sports hall „STARÁ MENZA“

Hliny V., Hečkova 2575/6, 010 01 Žilina, Slovak Republic

**GPS:** 49° 12' 42" N

18° 44' 15" E

**Timetable:** Thursday - Saturday: 10-12 a.m., 5-7 p.m.

**Sunday:** 10-12 a.m., 2-4 p.m.

**Price:** complete: 65€, weekend: 50€,

one day (week): 20€, one day (weekend): 25€

**Martin Mlynár**   
email : honkadori@gmail.com  
mobil: +421914133333

Slovenská Spoločnosť Priateľov Aikidó  
P.O.BOX 46  
974 01 Banská Bystrica, Slovak Republic

## **Accommodation:**

For the seminar participants, we have provided the following offers of suitable and affordable price accommodation facilities:

1. Accommodation in a sports hall on tatami in own sleeping-bag – 4,00 EUR / night

2. Simple and cheap accommodation in university dormitories:

*Double and triple student's rooms, shared shower in the corridor.*

Price 10 €/ person/night

*mail: miroslav.stromcek@uniza.sk*

*tel.: +421 41 513 1477*

**Contact details: 3. Accommodation in hotel POLOM. The hotel is situated in the centre of Žilina, air conditioning.**

If you like places where you can feel history breathing, if you can appreciate comfort and tasty meals and at the same time you are looking for an excellent accommodation in the very centre of Žilina, then the Palace Hotel Polom\*\*\*\* is the right place for you. A tastefully reconstructed hotel situated at the beginning of the pedestrian zone is successfully continuing the more than 100 years long tradition.

**Contact details: [www.palacehotelpolom.sk/en/](http://www.palacehotelpolom.sk/en/)**

**Prices: [www.palacehotelpolom.sk/en/hotel/rooms-suites/](http://www.palacehotelpolom.sk/en/hotel/rooms-suites/)**

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**4. Accommodation in hotel BOSS. The hotel is situated in the centre of Žilina, air conditioning.**

One of the most elegant, charming and professionally run establishments in Žilina. The intimate character of the hotel with its 33 superbly appointed guest rooms and renowned restaurant makes our valued guests feel right at home.

**Contact details: [www.hotel-boss.eu/en](http://www.hotel-boss.eu/en)**

**Prices: [www.hotel-boss.eu/en/ubytovanie](http://www.hotel-boss.eu/en/ubytovanie)**

**5. Accommodation in Hotel GALILEO. Very comfortable hotel located close to the venue of the seminar.**

**Contact details: [www.hotelgalileo.sk/en](http://www.hotelgalileo.sk/en)**

**Prices: [www.hotelgalileo.sk/en/prices](http://www.hotelgalileo.sk/en/prices)**

**6. Accommodation in G HOTEL. Garni type of hotel. Very good price for accommodation including breakfast. Its disadvantage is a relatively large distance from the place where the seminar takes place. Suitable for those who arrive by their cars.**

**Contact details: [www.ghotelza.sk/en/ubytovanie](http://www.ghotelza.sk/en/ubytovanie)**

**Prices: [www.ghotelza.sk/en/pricelist](http://www.ghotelza.sk/en/pricelist)**

**Žilina is a city with very intense trade and tourism and, of course, as such, it offers a large numbers of accommodation options. Our aim was to offer the participants a choice of verified accommodation options. For better orientation, we recommend you an information portal: [www.tikzilina.eu/en/](http://www.tikzilina.eu/en/)**

**If you have any questions or problems, please contact us.**